# May 27th Gathering Long Beach Lodge, Tofino 9:00am-4:00pm

#### **Governance Group and Guests:**

Nora Lucas, Hesquiaht First Nation

Margaret Dick, Health Strategist, Ahousaht First Nation

Allison Howard, Health Director, Tla-o-qui-aht First Nation

Erin Ryding & Dave Frank, Uu Uustukyuu Facilitators

Erica Keen, Operations Director, West Coast PCI Health Society

Francine Gascoyne, Regional Nurse Manager, First Nations Health Authority

Regrets: Lisa Morgan, Health Director, Toquaht First Nation

Chief Anne Mack, Toquaht First Nation

Cynthia Fitton, Health Director Yuulu?il?ath First Nation

### **Objective of Gathering**

The overarching goal of the gathering was to stand up the Vancouver Island West Coast PCI grounded in a Nuu-chah-nulth cultural lens. To stand up the PCI means the governance group (GG) will develop a firm understanding of the intent, scope and deliverables of the organization and collaboratively create the living culture and operational functioning of the PCI. Additionally, it is hoped that the GG will gain a tangible connection and sense of ownership related to the PCI. Lastly, and most importantly, to develop safety, trust and warmth among the GG in order to foster good relations and fun!

#### **Action Items:**

Erica will:

- Send Naming notes to the committee to consult language speakers with.
- Send a spreadsheet of the current list of health services currently used by all Nations.
- Draft mission, vision, and value statements, drawing from the Service Plan, for governance committee input.
- prepare documents needed for Municipal Pension Plan application

Erin will:

- Send Nora, Allison, Margaret, Lisa and Cynthia reference documents from Uustukyuu (financial statements, org structure, policies and protocol). As well as the draft FNPCI service agreement.
- Schedule connections with each Health Director to discuss how each Nation wants to work with UU.

## **Agenda Discussion Notes**

Topic	Discussion		
Traditional Welcome and Opening Circle	Members opened the circle by sharing who they are and what their hopes are for the FNPCI work.		
Landing in Meaning and Purpose and Arriving Together	Group Discussion re: service plan (need for Lisa, Ann and Cynthia's Input)  - Priorities include: Doctors and nurses  - Substance use disorder, mental health, trauma healing  - End life / age home  - Maternity/birthing home  - UU, and Mentoring UU  - Chronic illness and access to services  - health promotion / prevention  - something specifically for youth – use language  - grief and loss support for children  - Need to address service issues due to weather (consider overnights in Hesquiaht and Ahousaht).  - Clarity sought about the role of NTC in the FNPCI.  Curiosity about the limitations of nursing roles within NTC services. Ahousaht is interested in specific nurse to work on moving forward with planning a nursing station there.  - How might traditional healing laws inform the job description of an FNPCI nurse role?  Importance of recruiting staff on the western medicine side who know how to build relationships, communicate well and embody cultural humility.		
Standing Up the Roles	How do we make decisions together?  - Keep moving together through losses, Zoom is harder – want IN PERSON  - Need members to have input before or after the		

	<ul> <li>meeting if they can't make it- sending information out in lots of time before meeting.</li> <li>Create a communication thread for ongoing easy connection- what's app platform or signal – create a thread for emergent business.</li> <li>Consensus based decision making.</li> <li>Have 2 people from each Nation walking together with the work. Director to have a proxy to keep the work moving forward with equal representation from all the Nations.</li> <li>How to be good hosts to Conflict? Having UU (or other respected Elder's) in the room for big discussion – have a conflict process and safe space to share.</li> <li>Website? Yes! Possibilities for sharing information, a calendar online for services, resources, and booking appointments.</li> </ul>		
Name Considerations	<ul> <li>It's a big deal to name, we could be at this for many months.</li> <li>Ideas: people from all nations [kwii kwi saht]</li> <li>Something meaning accessibility, bringing services to our people, helping our people "we matter," "we are worthy." Sounds like OOSH CHUCK NEESH?</li> <li>Taking care of each other, another word for Hiishookish Tsawalk</li> </ul>		
Service Plan with UU	Clarity needed about Uustukyuu organizational structure, vetting and membership process, and how the Society ensures UU have done their healing work and are safe to work with. Desire for mentorship, and building capacity within own Nations to hold cultural work. More conversations needed.		
Municipal Pension Plan	Unanimous agreement to move forward with the Municipal Pension Plan application.  "Be it resolved that the Municipal Pension Board of Trustees be requested to declare, effective July 5, 2024, the provisions of the Municipal Pension Plan Rules to apply to all employees of The Vancouver Island West Coast PCI Health Society under subsection 2(1)(c)(iv) of the Municipal Pension Plan Rules, and the employee eligibility rules as set out in section 3 of the Municipal Pension Plan Rules are to apply to those employees." Nora Lucas approved and Allison Howard seconded.  May 27, 2024		